**Official Commitment:** While Dartmouth does not subscribe to the National Letter of Intent (NLI) program, our prospective student-athletes are deemed to have officially committed ONLY when they have successfully submitted their Intent to Enroll after receiving official acceptance from Dartmouth’s office of admissions, as opposed to a verbal commitment or acceptance without submitting the Intent to Enroll.

**General Rule:** After an individual has *officially committed*, they shall no longer be subject to the restrictions of Bylaw 13.1. However, that individual is still a prospective student-athlete (PSA) for purposes of applying ALL other bylaws and rules.

**What’s in Bylaw 13.1?** The following is applicable to an officially committed PSA:

- No more restrictions on phone calls, text messages, emails, letters, and social media posts by any institutional staff member, not just countable coaches.
- No more counting limits against that individual’s off-campus contacts/evaluations.
- The restrictions of quiet and dead periods no longer apply to that individual, however no other PSA may be present during such times.

  **Example:** While a coach may make off-campus contact with an officially committed PSA during a quiet or dead period, that coach is prohibited from contacting that individual at their high school/educational institution outside of a contact or evaluation period.

- There are no longer communication restrictions between a Representatives of Athletics Interests (Alums/Boosters) and an officially committed individual, but NO EARLIER!

**What’s NOT in Bylaw 13.1?** Even after official commitment the following rules are NOT lifted:

- **Extra Benefits:** Providing an individual with expenses that is not in conjunction with an official visit (e.g., Gear, apparel, meals, travel, lodging, etc.).
- **CARA:** Only current Dartmouth student-athletes may participate in countable athletically related activities (CARA), therefore, a PSA may not attend off-court/off-field activities (e.g., meetings, film review) that are closed to the public.
- **Tryouts:** We may not conduct, or have conducted on our behalf, either on or off our institution’s campus, any physical activity (e.g., practice session or test/tryout) at which the PSA demonstrates or displays their athletics abilities.

*Please note that these lists are not exhaustive, always check with compliance first, and ASK BEFORE YOU ACT!*