General Rule: In sports other than basketball a student-athlete may NOT participate during the academic year as a member of any outside team in competition. By doing so, the student-athlete will be immediately deemed ineligible for intercollegiate competition.

Exceptions: Below is a list that includes, but is not limited to, exceptions of this rule.

- When the student-athlete’s sport is out-of-season, during a vacation period;
- When the student-athlete is competing as an individual/representing only themselves (paying all expenses themselves, receives no coaching, etc.);
- When the student-athlete is on a leave term (earning NO credit);
- When the student-athlete is on an international study abroad program (earning credit or not - e.g., FSP/LSA, provided it is in a country other than U.S.A);
- High School Alumni Games (one game a year, must occur during vacation period);
- Tryouts and competitions leading for selection to, or the contests of, the Olympic Games, Official Pan American Games, World Championships, World University Games/Championships and World Cup (including the junior level equivalent).

Amateurism: While there are plenty of exceptions to this rule, just because it would be permissible for a student-athlete to participate, that doesn’t mean the rules stop there. We all should be weary of amateurism rules that apply as well (e.g., Is the team deemed professional? Is the student-athlete receiving compensation/expenses? Etc.).

Requirement: Going forward, it is expected that a student-athlete who competes for ANY outside team, club, or unattached, complete an “Outside Competition Approval Form,” have it signed by their sport’s head coach, and submit it to the compliance office for approval. This is solely in an effort to help preserve the student-athlete’s eligibility!

Responsibility of Head Coach: As the head coach, you are responsible and accountable for the athletic activity of your student-athletes, and their eligibility. Please ensure these forms are submitted and that you alert compliance of any competitions your student-athletes participate in (other than when representing our institution).